



BREAKTHROUGH BASKETBALL YOUTH COACHES PRODUCT GUIDE



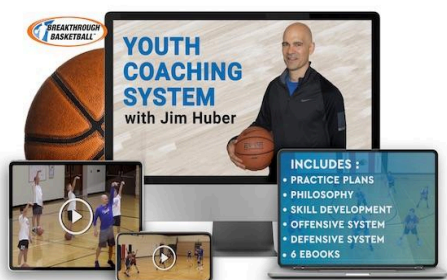
Breakthrough Basketball Youth Coaches' Products Guide

LEVEL 1: Comprehensive All-In-One Youth Coaching Systems

If you're looking for a "one stop shop" for all your youth coaching needs, look no further. These two products cover all aspects of youth coaching - offense, defense, skill development, & practice plans. Simply pick the one that aligns with the age you are coaching:



- **Ages 5-9 - Beginner Basketball With Jim Huber** - A comprehensive coaching system to properly develop those new to the game. This product features age appropriate teaching of the most important basketball skills. Players learn these skills in a fun and engaging way. In addition to individual skills, players begin to learn team offense and defense concepts.



- **Ages 9-14 - The Youth Coaching System With Jim Huber** - A nice compliment or sequel to the Beginner Basketball product. This system continues with the focus on youth development, but with advancements for older players. It uses a combination of drills and games to teach players the skills needed to thrive as they continue on in their careers.

LEVEL 2: Next Level Youth Coaching

The youth coaching systems above will give you the tools you need to become one of the best youth coaches in your area...

And the chart below is a great guide to take your coaching to yet another level!

There are two main reasons that you'll want the coaching and training resources below.

1 - You have a specific need you're looking to improve.

You're looking for something to help with offense, defense, ball handling, offseason workouts, or something else.

2 - You simply want to become the best coach possible.

By learning as much as possible from some of the best coaches in the world, you take the best ideas that resonate with you.

And you can develop your own unique coaching system that maximizes your team's development and success on the court.

To make this easier to use, we've sorted products by topic in the chart below. To learn more, check out the product links as well as the videos below.

Offense



[Don Kelbick Motion Offense](#) - Coach Kelbick is one of the best teachers of the game anywhere! This offense breaks down the core actions of a successful offense - cutting, passing, shooting, screening, etc. - in ways that allow young players to develop their basketball IQ as they develop their physical skills.



[The Hybrid Attack Offense With Ryan Schultz](#) - the Hybrid Attack offenses merges 2 proven systems - the Dribble Drive & Motion - seamlessly into 1 offense. Beyond being hard to guard, it is an excellent offense for player development. Players are taught how to play with & without the ball, making them well-rounded players.



[Complete Offensive System With Tim Schuring](#) - Coach Schuring teaches his version of the motion offense in this video series. One strength of his offense is that he teaches it in a way that can be used against man & zone, meaning you have less to teach. Additionally, he includes specific offensive adjustments for those in 3rd & 4th grade, as well as those in 5th & 6th grade.

Defense



[Man To Man Defense With Jim Huber](#) - we at Breakthrough believe youth players should be taught man to man defense. This speeds their development and sets them up for long term success. In this video, Coach Jim Huber goes over every aspect of man to man defense. He starts with how to guard the ball 1 on 1 and builds from there. This is an A-Z system for how to teach man to man defense in a logical way.



[Man Left Defense With Rob Brost](#) - for those who want to teach man to man by making players use their weak hand, the Man Left is for you. This defensive system is based around forcing the ball left. It forces players to make plays using their non-dominant hand. It's a great way to force your opponent to play uncomfortably. One hidden benefit is that your players will improve their weak hand by practicing against this defense on a regular basis.



[The Outer 1/3 Defense With Nick LoGalbo](#) - this defensive system forces on keeping the ball on 1 side of the floor. This makes defensive rotations easier, which is huge for young players. This system gives players clarity, helping your players stay connected on the defensive end.

Team Development



[The Game Based Training System With Nate Sanderson](#) - Another State Champion coach, Nate Sanderson shares dozens of small-sided games that will help develop your players' skills & IQ. One of the strengths of this product is the progressions and regressions Coach Sanderson includes. This allows you to scale up or scale back drills depending on the age & experience of your players. These drills are fun and will rapidly increase individual skill.



[How To Run Championship Practices With Ryan Schultz](#) & **[How To Run Championship Practices With Nate Steege](#)** - Coach Schultz & Coach Steege share over 20 drills each that they've used to build state championship programs. The drills work at every level. In addition to the drills themselves, you'll see candid footage of how great coaches run a high level practice. These 2 products are sure to make your practices more efficient & effective.



[Attack And Counter Skill Development System With Don Kelbick](#) - Coach Kelbick takes you through the unique system he has used to train multiple NBA players. The simplicity of Coach Kelbick's system is only surpassed by its effectiveness. He does a great job of instilling confidence and aggressiveness in his players by getting them to focus on what they do best. His covers footwork and ball handling that will enable any player to create scoring opportunities for themselves and teammates. Ideal for any age.



[3v3 Drills For Offense And Defense](#) - 3v3 is the best way to teach basketball. It combines the best of 1v1 and 5v5. This video shows 3v3 drills for every part of the game. Coach Nick LoGalbo covers offensive actions, defensive rotations, rebounding, & advantage/disadvantage drills in this video. These are great teaching drills for young players. They get extensive decision-making reps, speeding up their improvement. If you make 3v3 the basis of most of your practice drills, you'll be pleased with the results.



[12 Skill Development Practice Drills From Nick LoGalbo](#) - at the youth level, skill is everything. These dozen drills are what Coach LoGalbo calls "DNA" drills. In other words, they are the core of what makes a good player. Skills like footwork, handling pressure, and finishing are emphasized.



[Next Level Finishing Moves With Jim Huber](#) - layups are the name of the game at the youth level. Teams whose players make layups win games. In this product, Coach Jim Huber covers all types of shots at the rim. Players learn multiple solutions for the situations they find themselves in during games. They also learn to develop their weak hand, a separator at the youth level.



Player Development



[The Breakthrough Basketball Shooting & Scoring System](#) - shooting is the most important skill in basketball. It also might be the hardest to teach. In this product, Coach Jim Huber takes players through an encompassing program that covers the in & outs of shooting. He starts with form and then progresses players through increasingly higher levels of difficulty. After learning how to catch and shoot, players are taught how to shoot off the move & the catch.



[Ball Handling and Footwork Workouts](#) - players need to put in time outside of practice to improve. These workouts are perfect in their delivery and duration. Each workout is 8-14 minutes and has a built-in timer and video to demonstrate and time each drill. There are different levels of drills, beginning at age 5 & progressing through high school. Young players who can handle the ball have a huge leg up in youth basketball. This product is perfect for individual workouts or you can make it part of your practices.

[Attack & Counter Workout App](#) - This product takes the teachings of Coach Kelbick and turns them into workouts for players. Like the Ball handling workouts, they come with a timer and video to make it easy to use. These workouts are great for skill sessions. They help players learn the footwork and counter moves that give players an answer for whatever the defense throws at them.



[Youth Athletic Development Program With Cody Roberts](#) - there's no substitute for athleticism. One challenge at the youth level is finding exercises and training methods that are age appropriate and fun. D1 trainer Cody Roberts solves that problem in this thorough program that covers all aspects of athleticism. It's a great way for players to learn their bodies and develop confidence in their ability to move.