

Core Values - Heat Basketball

Here are the core values we believe are very important. You have all improved in these areas and you should continue to improve. You should apply this to all sports and life.

Listen With Your Eyes and Ears

To be respectful and a good leader, it's important to listen to people with your eyes and ears. When any of your coaches, teachers, or parents are talking... get your eyes on them and listen carefully.

This will help you earn respect, become a better player, get coached better, learn more, and improve. This is an important life skill!

Help Others

It's important to help others both on the basketball court and off the court. To be a great team, you must help each other in drills, on defense, on offense, and so on. The same thing applies outside of basketball.

Make teammates better by helping them. Become a great leader by giving. Treat others the same way you want them to treat you.

Be Resilient and Stay Positive

Every player on the team made hundreds of mistakes this season... probably closer to thousands of mistakes. That's ok. Basketball is a game of mistakes. Even the best NBA players make dozens of mistakes in every game they play.

The great players acknowledge mistakes but stay positive and play through them without getting upset. They know mistakes will happen. With hard work and experience, you will make fewer mistakes. But they will always happen no matter how good you get!! So be resilient, stay positive, and play through them.

There will also be tough practices, rough stretches, soreness, and frustration in sports and life. The great players show incredible resilience. You can accomplish incredible things with hard work, resilience, and positive thinking. Be resilient and stay positive.

Sportsmanship

Last but not least is sportsmanship. Very important. This means you should respect the game, your coaches, your teammates, your opponent, and the officials. It means to play with fairness, follow the rules, show self control, be honest, be humble in victory and defeat, and do things the right way. Whatever happens, show great sportsmanship in everything you do!