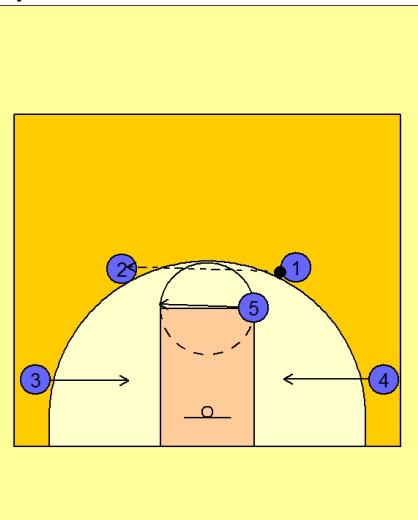




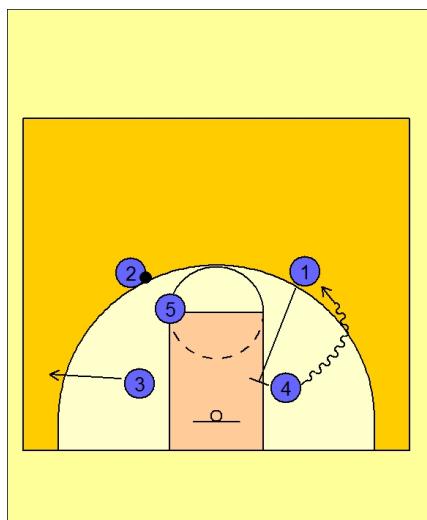
Offense

Spread



Players 1, 2, 3, and 4 are spaced out around the 3 Point line. Player 5 is set up at the High Post on whichever side Player 1 is.

Player 1 passes the ball to Player 2 to begin the play. Player 5 will flash to the opposite High Post ready for an inlet pass (if open). Players 3 and 4 will take their defender deep into the middle.

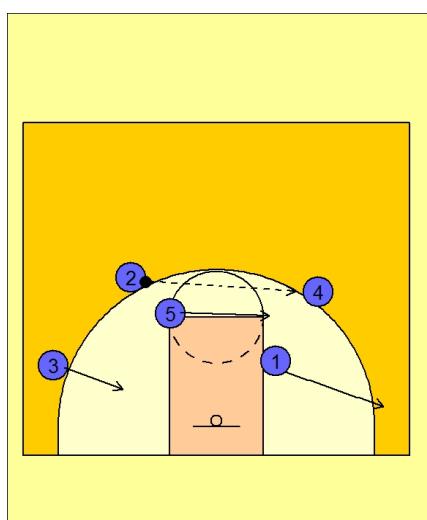


When Player 4 gets to the middle, Player 1 will cut inside the line and screen Player 4's defender. Player 4 will make his way to fill the spot left by Player 1.

Player 3 makes a V-Cut back outside of the 3 Point Line.

Player 2 has 4 options:

1. Give the ball to Player 3 for an open three.
2. Give the ball to Player 5 on a drive.
3. Give a pass inside to Player 1 for the layup.
4. Wait for Player 4 and reset the play.



In this scenario, Player 2 has opted to reset the play. He gives the ball up to Player 4.

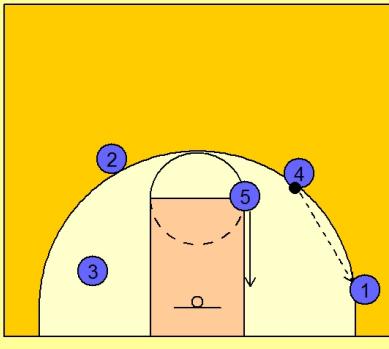
At this time Player 5 flashes to the opposite High Post with hands up, again looking for the inlet pass.

Player 1 resets himself in the corner.

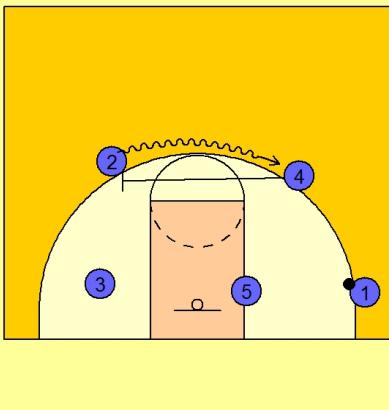


Offense

If Player 4 finds Player 1 open, he can pass it to him in the corner. Player 5 would flash to the Low Post ready for an inlet pass.



Player 4 would then screen for Player 2 who would take the position left open. Player 3 should slowly creep inside the lane to get position for a rebound.



Player 1 would have 4 options:

1. Pass it to Player 2 for an open three (If it is not there, Player 2 could reset the ball).
2. Look inside for the Post-Up with Player 5.
3. Take an OPEN 3.
4. Drive the lane with the help of a screen by Player 5.

