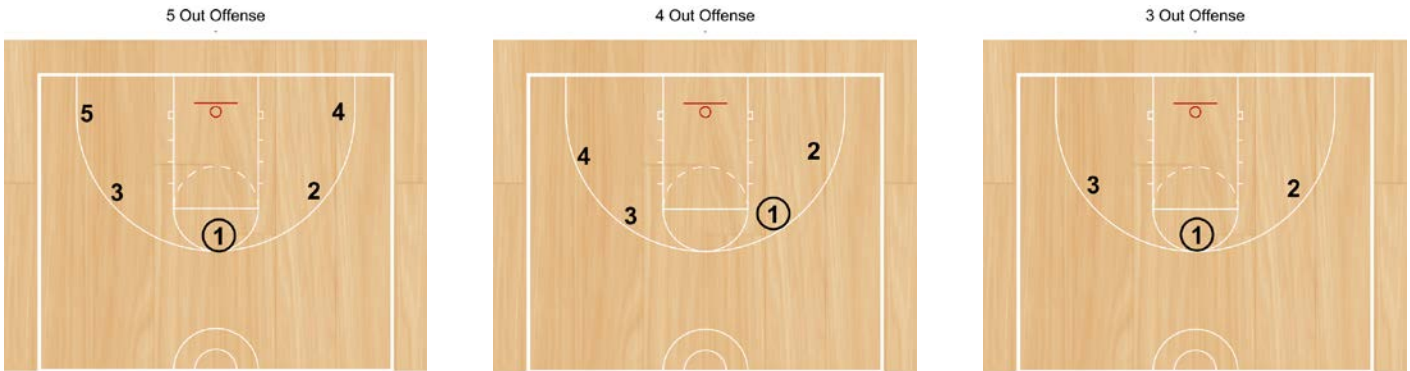


# Offense - 3rd Grade Girls 2013/14

This offense will work for 3on3, 4on4, and 5on5 games. It's very simple, allowing us to spend lots of time practicing fundamentals like dribbling, passing, shooting, post moves, perim moves, etc, etc.

## Half Court Offensive Alignment

The initial alignment is an "all out" formation (open post). Players should fill open spots to maintain spacing. Below you can see the alignment for 5on5, 4on4, and 3on3.



Players don't have to fill the precise spots above. But using these spots as a general guide can help with spacing and make it easier when teaching the offense.

## Half Court Offense Rules

1. Maintain 12-15' spacing between players.
2. When you pass the ball, basket cut. After the basket cut is made, either "post up" or "fill the open spot along the baseline".  
  
Post ups should be done less frequent and be limited to around 20% max (ex: every 5th cut could potentially be a post up). If you do post up, you have a 5 count -- if you don't get the ball after counting to 5, clear out and find an open spot on the perimeter.
3. If you're covered and the player with the ball looks at you, either "[hit and blast](#)" or "back door cut to the basket".
4. Rebound the ball. Weakside player must get in rebounding position on EVERY shot. Anticipate the shot.

*Note #1: For 3on3, when the ball is on top we want the wings to [Hit and Blast](#) to get open. If the ball is on a wing, we can "backdoor cut" or "hit and blast" to get open..*

*Note #2: When first teaching the offense, leave out the "post up" option. We'll add that later -- after the players get the hang of the basic passing and cutting continuity.*

## Diagrams showing the basic pass, cut, and fill

Diagram #1 - Pass and Cut

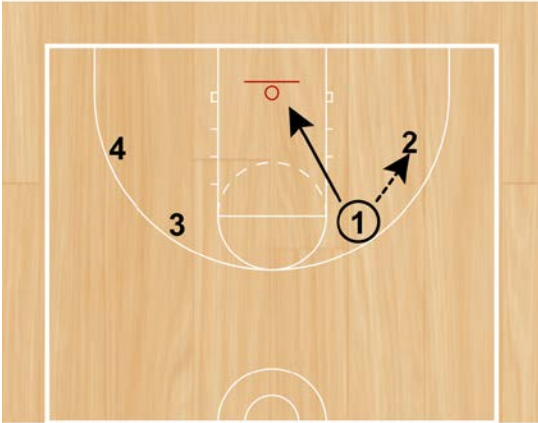
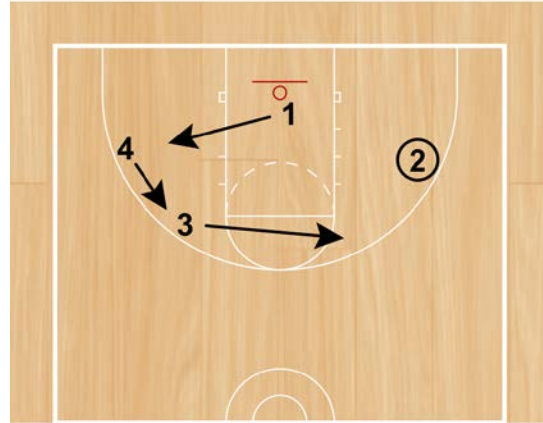


Diagram #2 - Fill the Open Spot



## Teaching Points To Better Execute The Offense

- All cuts are finished at the rim.
- Passer must watch the cutter all the way though. This helps with timing for the next player filling the vacant spot.
- When replacing the cutter, wait until the player with the ball is about done looking at the cutter. This will help with timing and setting up the defender for a back cut or straight cut.
- When you catch the ball, face the basket in triple threat position.
- Look for dribble drive opportunities. With this spread out offense, there will be lots of opportunities for the dribble drive.